



Practice Peace Resource Guide

This guide lists a variety of resources, each with practices for peace. Use the Peace Plan found on the last page of this guide to focus your reading, research, and practice.

How to Use

1. What is your focus, your interest in peace: inner peace, relationships, work, community, other? Why is this important to you?
2. Review the resources in the guide.
3. Select a resource.
4. Use the *Peace Plan*, found on the last page, to focus your practice.
5. Attend the monthly Peace Dialogue to share, explore, and review your practices.

“For to be free is not merely to cast off one’s chains, but to live in a way that respects and enhances the freedom of others.” Nelson Mandela, 1995

“Our most basic common link is that we all inhabit this small planet. We all breathe the same air. We all cherish our children’s future. And we are all mortal.” John F. Kennedy, 1963

“You practice mindfulness, on the one hand, to be calm and peaceful. On the other hand, as you practice mindfulness and live a life of peace, you inspire hope for a future of peace.” Thich Nhat Hanh

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“Returning violence for violence multiplies violence, adding deeper darkness to a night already devoid of stars... Hate cannot drive out hate: only love can do that.” Martin Luther King Jr. 1965

“We must always take sides. Neutrality helps the oppressor, never the victim. Silence encourages the tormentor, never the tormented.” Elie Wiesel

“If there is love, there is hope to have real families, real brotherhood, real equanimity, real peace. If the love within your mind is lost, if you continue to see other beings as enemies, then no matter how much knowledge or education you have, no matter how much material progress is made, only suffering and confusion will ensue”. The Dalai Lama

“If we have no peace, it is because we have forgotten we belong to each other.” - Mother Teresa

Books

A Call to Conscience: The Landmark Speeches of Dr. Martin Luther King, Jr.

Featuring contributions from Andrew Young, Congressman John Lewis, George McGovern, Rosa Parks, and others, this inspiring collection features the milestone speeches of Dr. Martin Luther King, Jr., one of the greatest orators of the 20th century.

Active Nonviolence A Way of Personal Peace

A down-to-earth, practical guide for achieving peace in our personal lives through active nonviolence, this book features stories from the pioneers of nonviolence-Mohandas Gandhi, Martin Luther King, Jr., and Catholic Worker founder Dorothy Day. The author shows how everyday events, such as our conversation, our dealings with difficult (and hostile) people, even our highway driving, can be done in a nonviolent and, as a result, spiritually nourishing way.

American Hate Survivors Speak Out

Arjun Singh Sethi, a community activist and civil rights lawyer, chronicles the stories of individuals affected by hate. Survivors tell their stories in their own words and describe how the Trump administrations' bigoted rhetoric and policies have intensified bullying, discrimination, and even violence toward them and their communities.

The Anatomy of Peace: Resolving the Heart of Conflict

People whose hearts are at peace do not wage war. In a two-day parent workshop at a wilderness camp for out-of-control teenagers, the facilitators, a Palestinian Arab and an Israeli Jew, use examples from their lives and their region's history to illustrate normal and necessary routines of daily life can become fodder for conflict. These men come together, help warring parents and children come together, and show us how to come together and find our way out of the struggles that weigh us down.

Anger: Wisdom for Cooling the Flames

In one instant of anger, lives can be ruined, health and spiritual development can be destroyed. Buddhist monk and Vietnam refugee Thich Nhat Hanh gives tools and advice for transforming relationships, focusing energy, and rejuvenating those parts of ourselves that have been laid waste by anger. His extraordinary wisdom can transform your life and the lives of the people you love and can give each reader the power to "change everything."

Books

An Other Kingdom: Departing the Consumer Culture

Our seduction into beliefs in competition, scarcity, and acquisition are producing too many casualties. We need to depart a kingdom that creates isolation, polarized debate, an exhausted planet, and violence. We think the free-market ideology that surrounds us is true and inevitable and represents progress. We are called to better adapt, be more agile, lean, more schooled, more, more, more. Give it up. There is no such thing as customer satisfaction.

The Answer to How is Yes

In “The Answer to How is Yes,” Peter Block presents a guide to the difficult and life-granting journey of bringing what we know is of personal value into an indifferent or even hostile corporate and cultural landscape. He raises our awareness of the tradeoffs we’ve made in the name of practicality and expediency and offers hope for a way of life in which we’re motivated not by what “works” but by the things that truly matter in life -- idealism, relationship, intimacy, and engagement.

The Art of Waging Peace: A Strategic Approach to Improving Our Lives and the World

Over two thousand years ago, Sun Tzu wrote *The Art of War*. West Point graduate Paul K. Chappell offers new and practical solutions in today’s struggle to stop war, terrorism, and other global problems. By sharing his struggles with childhood trauma, racism, and berserker rage, Chappell explores the anatomy of war and peace, giving strategies, tactics, and leadership principles to resolve inner and outer conflict.

At Home in the World: Stories and Essential Teachings from a Monk’s Life

There are stories from Thich Nhat Hanh’s childhood and the traditions of rural Vietnam. There are stories from his years as a teenaged novice, as a young teacher and writer in war-torn Vietnam, and his travels around the world to teach mindfulness, make pilgrimages to sacred sites, and influence world leaders. Thich Nhat Hanh uses storytelling to engage people’s interest in sharing important teachings, insights, and life lessons.

Being Peace

In his simple and readable style, Thich Nhat Hanh shows how our state of mind and body can make the world a peaceful place. We learn to transform the very situations that pressure and antagonize us into opportunities for practicing mindfulness.

Books

The Beloved Community: How Faith Shapes Justice, from the Civil Rights Movement to Today

Speaking to his supporters at the end of the Montgomery bus boycott in 1956, Martin Luther King, Jr., declared that their common goal was not simply the end of segregation as an institution. Rather, “the end is reconciliation, the end is redemption, the end is the creation of the beloved community.” King’s words reflect the strong religious convictions that motivated the civil rights movement in the South in its early days. In this book, Charles Marsh shows that the same spiritual vision that animated the civil rights movement remains a vital source of moral energy. *The Beloved Community* lays out an exuberant new vision for progressive Christianity and reclaims the centrality of faith in the quest for social justice and authentic community.

Beyond Violence In the Spirit of the Nonviolent Christ

The author shows how figures like Mahatma Gandhi, Martin Luther King, Dorothy Day, and others have taken the example of the Nonviolent Christ as their guide for living and working justly and courageously in the world. He then offers suggestions for incorporating gestures of peace and words of compassion and justice into our daily dealings at home, at work, with difficult people, and as part of the political process.

The Book of Forgiving: The Four-Fold Path for Healing Ourselves and Our World

This book presents a fourfold path that we can use to free ourselves from the endless and unyielding pain and retribution cycle. Desmond Tutu’s role as the Chair of the Truth and Reconciliation Commission taught him much about forgiveness. If you asked anyone what they thought was going to happen to South Africa after apartheid, it was almost universally predicted that the country would be devastated by a comprehensive bloodbath. Instead of revenge and retribution, this new nation chose to tread the difficult path of confession, forgiveness, and reconciliation.

The Book of Joy

Nobel Peace Prize Laureates His Holiness the Dalai Lama and Archbishop Desmond Tutu looked back on their long lives to answer a single burning question: How do we find joy in the face of life's inevitable suffering? They offer us the Eight Pillars of Joy, which provide the foundation for lasting happiness, including stories, wisdom, and science. Finally, they share their daily Joy Practices that anchor their own emotional and spiritual lives.

Books

Building the Beloved Community: Maurice McCrackin's Life for Peace and Civil Rights

This biography of Maurice McCrackin chronicles how one man's story interweaves with many of the crucial social issues of the past several years: integration, civil rights, McCarthyism, schooling, the arms build-up, poverty, treatment of prisoners, and homelessness, among others.

The Conflict and Communication Activity Book

This timely activity book offers 30 ready-to-use exercises trainers can use to help people communicate more effectively and create positive outcomes from conflict situations.

Charleston Syllabus: Readings on Race, Racism, and Racial Violence

A collection of new essays and columns published in the wake of the June 17, 2015 massacre in Charleston, South Carolina, along with selected excerpts from key existing scholarly books and general-interest articles.

The Courage for Peace: Daring to Create Harmony in Ourselves and the World

After traveling the globe from the Balkans to Palestine, an expert in conflict resolution calls for change to save the world, one action at a time. Through real-life stories, Louise Diamond examines the actions--personal, local, and global--that can contribute to peace.

Crossing The Line: Nonviolent Resisters Speak Out For Peace

"Of course, let us have peace, we cry, 'but at the same time let us have normalcy, let us lose nothing, let our lives stand intact, let us know neither prison nor ill repute nor disruption of ties . . . 'There is no peace because there are no peacemakers. There are no makers of peace because the making of peace is at least as costly as the making of war--at least as exigent, at least as disruptive, at least as liable to bring disgrace and prison and death in its wake."

Dignity: The Essential Role it Plays in Resolving Conflict

The author reveals a hidden force within us so powerful that it can affect how we feel about ourselves, our relationships, and the world around us. That force is our common human yearning to be treated with dignity. It underlies every human interaction. It is the unspoken and often unconscious message that we send to one another regardless of the nature of the relationship.

Books

Difficult Conversations

This book walks you through a proven approach to having your toughest conversations with less stress and more success. How to start the conversation without defensiveness; why what is not said is as important as what is; ways of keeping and regaining your balance in the face of attacks and accusations; how to decipher the underlying structure of every difficult conversation. It is a book you will turn to again and again for advice, practical skills, and reassurance.

Doing Time for Peace: Resistance, Family, and Community

More than seventy-five peacemakers describe how they say no to war-making by engaging in civil disobedience and paying the consequences in jail or prison. The book includes sections on resister families, the Berrigans and Jonah House, the Plowshares Communities, the Syracuse Peace Council, and Catholic Worker houses and communities.

The Ecology of Commerce

The bestselling author of *Growing a Business* presents a visionary new program that businesses can follow to help restore the planet.

The End Of War: How Waging Peace Can Save Humanity, Our Planet, And Our Future

Paul K. Chappell discusses the causes of war and the power of waging peace. This book explores our shared humanity, societal illusions, human aggression, the cure for greed, the laws of conflict, moral fury, why we must go beyond preaching to the choir, what peace activists and soldiers have in common, the hidden dangers of war, the future of the military, and how ideas can change the world.

Enemies and How to Love Them

This compassionate book describes the making of enemies in our personal, social, and national lives. It goes on to outline a nonviolent approach to resolving enmity wherever it arises. It taps the rich resources of Jesus' two-thousand-year-old formula, "Love your enemies," with the help of our contemporary understanding of Gandhian active nonviolence. The author offers a life-changing, habit-breaking approach of understanding, focusing, and negotiating as a positive alternative to the usual flight-or-fight response to enemies.

Books

Everything Belongs

Richard Rohr offers a personal retreat for those who hunger for a deeper spiritual life but don't know what contemplation is. He helps us understand that intimacy with God cannot be achieved in the rational mind. By practicing contemplation, we learn not to reason better but to see everything--including ourselves and other people--differently. As our perspective becomes wider, we discover that everything belongs. This edition includes a reading guide for individual and group reflection.

Fear of the Other

This book invites readers to consider the Gospel command to love (and not merely tolerate) those considered "Other" or outside mainstream Christian culture. Rooted in the New Testament understanding of Gentile outsiders grafted into the covenant community, this book invites readers to an on-the-ground faith that hearkens to a soliciting and revealing God - the God who comes to us again and again through so-called outsiders, strangers, immigrants, and those without status.

Franciscan Nonviolence: Stories, Reflections, Principles, Practices, and Resources A

collection of reflections on the stories of St Francis and St. Clare that illuminate nonviolence as a relevant spiritual practice in today's world.

From Violence to Wholeness: A Ten Part Program in the Spirituality and Practice of Active Nonviolence

This is a ten-part training program that introduces people to the practice of nonviolence as an individual, as a community member, and as a tool for social change.

Gandhi and Jesus: The Saving Power of Nonviolence

An original exploration of the life of Jesus and the teachings of Gandhi—one that puts nonviolent action at the very heart of Christian salvation.

The Gentle Art of Verbal Self-Defense

This book teaches what to do about verbal violence and confrontation. It offers principles about how to practice self-defense when dealing with verbal violence. It also shows how to resist initiating verbal violence against others—nonviolence and peace-keeping. When what is taught in the book is learned, there will be fewer attacks and less need to defend against attack.

Books

Inner Peace for Busy People

Through story, science, spirituality, and humor, this book of 52 weekly lessons by “The Power of the Mind to Heal” imparts easily learnable skills to help busy readers change their lives and attitudes to recover inner peace.

Is There No Other Way? The Search for a Nonviolent Future

The mature work of one of America’s most respected peace scholars and activists follows the legacy of nonviolence from Mahatma Gandhi to the present day. Michael Nagler unveils a hidden worldwide history of leaders and common folks who successfully responded to violence with persuasion, inclusion, and peaceful actions rather than resorting to threats, hatred, and escalating violence.

The I of the Storm

Gary Simmons goes beyond conflict management--beyond conflict resolution to conflict transformation. Simmons shows how to experience conflict from your center instead of from the outside world, where all is seeming chaos. This book is ideal for anyone struggling with relationship discord or personal challenges and, in general, for everyone who feels uncomfortable with conflict.

Just Peacemakers: An Introduction to Peace and Justice

This book will encourage and equip those who want to deepen their understanding and hone their skills as peace and justice advocates. It is also recommended for those who shy away from involvement in peace and justice advocacy because the issues seem daunting and their solutions out of reach.

The Little Book of Circle Processes: A New/Old Approach to Peacemaking

Our ancestors gathered around a fire in a circle, families gather around their kitchen tables in circles, and now we are gathering in circles as communities to solve problems. Peacemaking Circles are used in neighborhoods, schools, the workplace, and social services.

Me and White Supremacy Combat Racism, Change the World, and Become a Good Ancestor

This book, a 28-day guide targeted at white readers, aims to help readers to identify the impact of white privilege and white supremacy over their lives.

Books

Living Buddha, Living Christ

The author shows us the connection between personal, inner peace, and peace on earth.” –*His Holiness The Dalai Lama*. In *Living Buddha, Living Christ*, Thich Nhat Hanh, the prolific Buddhist teacher and practitioner of nonviolence, considers the seeds of love, understanding, compassion, and personal transformation, which have grown into the flowers of Buddhism and Christianity. He believes that the enlightenment of the Buddha and the lovingkindness of Christ are kept alive when each of us dwells in the moment. “To take good care of yourself and to take good care of living beings and of the environment is the best way to love God.”

The Magic of Conflict

This set of simple techniques, including meditation, breathing exercises, openness, and play--Aiki--leads gently to a reordered state of mind. From overcoming apathy to understanding how conflict doesn't have to mean contest, Aiki turns mind-body integration principles into powerful tools.

The Mediator's Handbook

The Mediator's Handbook provides a flexible model for effective mediation in diverse environments and situations with a clear overview of mediation and conflict. It contains sections that walk through each step in the mediation process, a large “Toolbox” that details the skills and approaches used by professional mediators and look at informal mediation.

Nickel and Dimed

Nickel and Dimed reveals low-wage America in all its tenacity, anxiety, and surprising generosity — a land of Big Boxes, fast food, and a thousand desperate strategies for survival. Instantly acclaimed for its insight, humor, and passion, this book is changing the way America perceives its working poor.

Nana's Shoes

A story of a family's faith, hope, and courage in a time of ethnic cleansing, the story of Aisa and her family is a Bosnian and a Muslim story, and a human story. When Yugoslavia (which included Bosnia) broke up and descended into violence and the ethnic cleansing of Muslims, she held tight to her family at the risk of her own life and saw all of her family members – her husband, their daughter, and son, and herself – safely to the United States to begin life anew. It is a story of how, when the human spirit rises up and speaks courage to violence, courage wins out.

Books

Nonviolence: Twenty-Five Lessons from the History of a Dangerous Idea

Mark Kurlansky discusses nonviolence as a distinct entity, a course of action, rather than a mere state of mind. Nonviolence can and should be a technique for overcoming social injustice and ending wars, he asserts, which is why it is the preferred method of those who speak truth to power. He draws from history twenty-five provocative lessons on the subject that we can use to effect change today.

The Nonviolence Handbook: A Guide for Practical Action

This practical handbook is a brief guide to the core principles and strategies at the heart of nonviolent resistance. Michael Nagler distills the guiding principles of nonviolence into a straightforward, practical, and short handbook that will help anyone in a nonviolent movement work more safely and effectively towards achieving social change.

The Nonviolent Life

This book focuses on three important aspects on the path toward becoming people of nonviolence - being nonviolent toward ourselves; being nonviolent to all others (including creation and creatures), and joining the global grassroots movement of nonviolence.

Nonviolent Lives: People and Movements Changing the World Through the Power of Active Nonviolence

Ken Butigan has collected over 40 stories highlighting leaders and participants of some of the most important nonviolent campaigns and movements of our era, including unsung heroes, inspiring actions, and movements that persevered against great challenges and succeeded in changing our world.

Nonviolent Communication

Do you hunger for skills to improve the quality of your relationships, to deepen your sense of personal empowerment, or to communicate more simply and effectively? Nonviolent Communication partners practical skills with a powerful consciousness and vocabulary to help you get what you want peacefully.

Peace is Every Step

This book contains commentaries and meditations, personal anecdotes, and stories from Thich Nhat Hanh's experiences as a peace activist, teacher, and community leader. He teaches deceptively simple practices that encourage the reader to work for peace in the world as he or she continues to work on sustaining inner peace by turning the "mindless" into the mindFUL.

Books

The Peace Book

108 Simple Ways to Make a More Peaceful World: If you want more peace in your life; If you want more peace in the world; If you want a society based on a culture of peace instead of the prevailing culture of violence; this book is dedicated to you as a call to action.

Peace is the Way: Writings on Nonviolence from the Fellowship of Reconciliation

These seventy original and classic essays offer a comprehensive reader in nonviolence while also chronicling the struggle for peace and justice in the twentieth century. For students, activists, and all who share an interest in building a more just and peaceful world.

Pilgrimage Through a Burning World

This book is a compelling and insightful account of how the Nevada Desert Experience—the nonviolent protest against nuclear testing that has been ongoing since the 1980s—has created a unique spiritual practice combining religious ritual and political action.

Race Talk and the Conspiracy of Silence: Understanding and Facilitating Difficult Dialogues on Race

Turn uncomfortable conversations into meaningful dialogue. If you believe that talking about race is impolite or that “colorblindness” is the preferred approach, you must read this book. *Race Talk and the Conspiracy of Silence* debunks the most pervasive myths using evidence, easy-to-understand examples and practical tools.

Radical Collaboration

Collaboration requires both a skill-set and a mindset, both of which can be learned. Radical Collaboration teaches five skills that are essential for building collaborative environments. It is a learning experience that will increase trust and problem solving within the organization and reduce costly defensive behaviors. It offers practical and immediately useful skills.

The Rainbow People of God: The Making of a Peaceful Revolution

This book traces South Africa’s glorious victory over apartheid in the writings and speeches of one of its central figures, Archbishop Desmond Tutu. From the graveside of Steven Biko to the triumphant inauguration of Nelson Mandela as President of South Africa, Tutu’s words and presence helped shape events and led South Africa toward justice and freedom.

Books

Roots of Violence in the U.S. Culture A Diagnosis Toward Healing

When our children kill each other over articles of clothing or gangs murder for turf, it is a glaring sign that our youth have not learned to respect and revere life. Our culture has created a strong market (materialistic) economy with an insatiable desire for money and possessions, in addition to our legacy of violence. *Roots of Violence* exposes the origins and current causes of the underlying, explosive rage pervasive in today's culture. Understanding this is the first step toward healing our society.,

The Search for a Nonviolent Future: A Promise of Peace for Ourselves, Our Families and Our World

Beginning with the achievements of Mahatma Gandhi, and following the legacy of nonviolence through the struggles against Nazism in Europe, racism in America, oppression in China and Latin America, and ethnic conflicts in Africa and Bosnia, Michael Nagler unveils a hidden history. Nonviolence has proven its power against arms and social injustice wherever it has been correctly understood and applied. The last chapter includes a five-point blueprint for change and a "study circle" guide.

Slow Kingdom Coming: Practices for Doing Justice, Loving Mercy and Walking Humbly in the World

No one said pursuing justice would be easy. How do you stay committed to the journey when God's kingdom can seem so slow in coming? In this book, the author shares practices he has learned that will encourage and help you keep making a difference in the face of the world's challenging issues. All Christians are called to do justice, love mercy, and walk humbly in the world. *Slow Kingdom Coming* will guide and strengthen you on this journey to persevere until God's kingdom comes on earth as it is in heaven.

The Soul of America The Battle for Our Better Angels

Pulitzer Prize-winning author Jon Meacham helps us understand the present moment in American politics and life by looking back at critical times in our history when hope overcame division and fear.

Teaching Peace: Students Exchange Letters with Their Teacher

The author and former students of his peace studies courses exchanged letters when he began teaching in 1982. He taught the courses to see if nonviolence could be taught. In the thirty-two years since then, many of his students have faithfully kept in touch, often with handwritten letters, and he has answered them with the same seriousness he brought to his columns and books. Discussions range from peace and war to the death penalty, human rights, poverty, the Living Wage, animal rights, and vegetarianism.

Books

Tempered Radicals: How People Use Differences to Inspire Change at Work

This book explores tempered radicals' experiences of people who want to become valued and successful members of their organizations without selling out who they are and what they believe in. The text is set around real individuals' stories, exploring how people have felt pressure to conform and understand how to express personal differences positively in a corporate setting.

A Testament of Hope

A Testament of Hope is a compendium of Martin Luther King, Jr's writings and transcripts of some of his better-known interviews, speeches, and sermons, all of which were compiled and published at the request of his widow, Coretta Scott King. The book is divided into subject matter sections and an appendix.

Thinking Body, Dancing Mind: TaoSports for Extraordinary Performance in Athletics, Business, and Life

Here is a guide to enriching all of life's pursuits through the practice of its simple mental tools and wisdom. Using stories of success from athletes and business people, the authors present techniques and exercises to promote relaxation and enhance performance.

Traveling With The Turtle: A Small Group Process In Women's Spirituality And Peacemaking

Unleash the power and share the wisdom you possess deep within to make peace with yourself, in your relationships, communities, and society. Through rituals, exercises, readings, and life practices, this thirteen-part group process empowers you to work for peace in ways that are practical, creative, inclusive, and nonviolent.

Touching Peace

In this sequel to Being Peace, Thich Nhat Hanh shows us how mindful awareness can help us see the roots of war, violence, substance abuse, and social alienation. Touching Peace offers a compelling vision for rebuilding society.

Books

The Third Side: Why We Fight and How We Can Stop

Distilling the lessons of two decades of experience in family struggles, labor strikes, and wars, the author presents a bold new strategy for stopping fights. He also describes ten practical roles--as managers, teachers, parents, and citizens--that each of us can play every day to prevent destructive conflict. Fighting isn't an inevitable part of human nature; we have a powerful alternative--The Third Side--which can transform our daily battles into creative conflict and cooperation at home, at work, and in the world.

The Very Good Gospel: How Everything Wrong Can Be Made Right

What can we do to build shalom between nations, in our communities, and in our own lives? Through a careful exploration of biblical text, particularly the first three chapters of Genesis, in *The Very Good Gospel*, Lisa Sharon Harper shows us what "very good" can look like today—in real-time. Because despite our anxious minds, despite division and threats of violence, God's vision remains: Wholeness for a fragmented world. Peace for a hurting soul. *Shalom*.

We Are Charleston: Tragedy and Triumph at Mother Emanuel

On June 17, 2015, at 9:05 p.m., a young man with a handgun opened fire on a prayer meeting at the Mother Emanuel African Methodist Episcopal (AME) Church, Charleston, South Carolina, killing nine members of the congregation. *We Are Charleston* tells the story of a people, continually beaten down, who seem to continually triumph over the worst of adversity. *We Are Charleston* may help us discover what can be right in a world that so often has gone wrong.

We Have Not Been Moved: Resisting Racism and Militarism in 21st Century America

This book details the grassroots actions of social and political activists from the civil rights era of the early 1960s to the present day. It reviews the major points of intersection between white supremacy and the war machine through historic and contemporary articles.

Waging Peace: Global Adventures Of A Lifelong Activist

Waging Peace is the story of one man's effort to live as though we were all brothers and sisters. Engaging stories on every page provide a peace activist's eyewitness account of many of the major historical events of the past sixty years. Hartsough's story demonstrates the power and effectiveness of organized nonviolent action. Hartsough shows how this struggle is waged worldwide by ordinary people committed to ending the spiral of violence and war.

Books

Waking Up White

This book offers a fresh perspective on bias, stereotypes, manners, and tolerance. As the author unpacks her bag of long-held beliefs about colorblindness, being a good person, and wanting to help people of color, she reveals how each of these well-intentioned mindsets perpetuated her ill-conceived ideas about race. She also explains why and how she's changed how she talks about racism, works in racially mixed groups, and understands the racial justice movement as a whole. Exercises at the end of each chapter prompt readers to explore their own racialized ideas.

White Rage: The Unspoken Truth of Our Racial Divide

Since 1865 and the passage of the Thirteenth Amendment, every time African Americans have made advances towards full participation in our democracy, white reaction has fueled a deliberate and relentless rollback of their gains. The author pulls back the veil that has long covered actions made in the name of protecting democracy, fiscal responsibility, or protection against fraud, rendering visible the long lineage of white rage. Compelling and dramatic in the unimpeachable history it relates, *White Rage* will add an important new dimension to the national conversation about race in America.

Why We Can't Wait

In this significantly prophetic work, which has been unavailable for more than ten years, we find Dr. Martin Luther King Jr.'s acute analysis of American race relations and the state of the movement after a decade of civil rights efforts. Here he lays out his thoughts, plans, and dreams for America's future, including the need for better jobs, higher wages, decent housing, and quality education. With a universal message of hope that continues to resonate, King demanded an end to global suffering, powerfully asserting that humankind—for the first time—has the resources and technology to eradicate poverty.

Organizations

Advance Peace

Advance Peace is dedicated to ending cyclical and retaliatory gun violence in American urban neighborhoods. <https://www.advancepeace.org/>

Alliance for Peacebuilding

Our Vision is a world where each person feels secure, dignified, and included; a world where people manage conflict without violence and build peace. We bring together coalitions in key areas of strategy and policy to elevate the entire peacebuilding field, tackling issues too large for any organization to address alone. <http://www.allianceforpeacebuilding.org/>

American Friends Service Committee

Founded in 1917, the American Friends Service Committee (AFSC) is a Quaker organization that promotes lasting peace with justice as a practical expression of faith in action. Drawing on continuing spiritual insights and working with people of many backgrounds, we nurture the seeds of change and respect for human life that transform social relations and systems. <https://www.afsc.org/> and [/;](https://www.afsc.org/office/dayton-oh;) <https://www.afsc.org/office/dayton-oh;> <https://www.afsc.org/actioncenter>

Amnesty International

A global movement of more than 7 million people in over 150 countries and territories who campaign to end human rights abuses; we are independent of any political ideology, economic interest, or religion. No government is beyond scrutiny. No situation is beyond hope. <https://www.amnesty.org/en/>

Backs Against the Wall: The Howard Thurman Story

Born the grandson of slaves, Howard Thurman became a “spiritual foundation” for the Civil Rights Movement. Thurman was the first Black American invited to meet Mohandas Gandhi, who suggested it would be through the African-American experience that the nonviolence resistance movement could take on global significance. When Thurman returned to America, his writings and speeches planted the early seeds for the non-violent Civil Rights Movement. <http://journeyfilms.com/batw/>

Being Peace Sangha

We are an inclusive community practicing meditation in the tradition taught by Thich Nhat Hanh, a Vietnamese Buddhist monk, poet, and peace activist. Our practice emphasizes the importance and joy of bringing a mindful awareness into all aspects of our lives. <https://www.beingpeacecommunity.org/>

Organizations

The Bail Project

The Bail Project, Inc. is a nonprofit organization designed to combat mass incarceration by disrupting the money bail system – one person at a time. We believe that paying bail for someone in need is an act of resistance against a system that criminalizes race and poverty and an act of solidarity with local communities and movements for decarceration. Over the next five years, The Bail Project will open dozens of sites in high-need jurisdictions with the goal of paying bail for tens of thousands of low-income Americans, all while collecting stories and data that prove money bail is not necessary to ensure people return to court. We won't stop until meaningful change is achieved, and the presumption of innocence is no longer for sale. <https://bailproject.org/>

The Beloved Community

Dr. King's Beloved Community is a global vision in which all people can share in the wealth of the earth. Love and trust will triumph over fear and hatred. Peace with justice will prevail over war and military conflict. <https://thekingcenter.org/king-philosophy/>

Billion Acts of Peace

"We're convinced that average; ordinary people can tackle the toughest issues facing humanity." The 'One Billion Acts of Peace' Campaign is an international global citizens' movement designed to tackle our planet's most important problems. We started with a simple idea: Everyone matters. Everyone can make a difference. <https://www.billionacts.org/>

Black Women for Positive Change

A national policy-focused network with two primary goals: (1) To positively contribute to ideas and methods that can strengthen and expand the American Middle/Working class, with an emphasis on the African American community; and (2) To Change the Culture of Violence in America.

<http://www.blackwomenforpositivechange.org/>

Capacitar

An international network of solidarity and empowerment, we teach simple holistic wellness practices that help people tap into the wisdom of their own body, mind, and spirit. This leads to healing, wholeness, and peace in the individual and the world. <https://capacitar.org/>

Organizations

The Bruggeman Center For Dialogue

Our projects use dialogue and collaboration to build social capital - the human-to-human engagement that forges the civic bonds upon which our communities are built. Collaboration emerges out of dialogue, and social capital emerges out of collaboration. Social capital is not an abstract idea of collaboration but the actual hard, slow work of community-building. Only through dialogue will we begin to find the commitment and ways to work together toward those common goods essential to a thriving community. <https://www.xavier.edu/dialogue/mission>

Cass Community Social Services

Fighting Poverty, Creating Opportunity, Building Community: A Detroit-based agency with a person-centered philosophy, dedicated to providing food, housing, health services, and job programs. <https://casscommunity.org/>

The Center for Victims of Torture

We provide a bridge between torture victims, the local community, and society as a whole, working to restore the dignity of the human spirit one survivor at a time. <https://www.cvt.org/>

Cincinnati Peace Movement

The Cincinnati Peace-Movement is a social enterprise geared towards advancing the Black community through service, mentoring, and educational leadership. https://www.facebook.com/pg/cincypeace513/about/?ref=page_internal

Coalition Against Trafficking in Women

Coalition Against Trafficking in Women (CATW) works to end human trafficking and the commercial sexual exploitation of women and children worldwide. <http://www.catwinternational.org/>

Color of Change

Color of Change helps people respond effectively to injustice in the world around us. We move decision-makers in corporations and governments to create a more human and less hostile world. By designing strategies powerful enough to fight racism and injustice—in politics and culture, in the workplace and the economy, in criminal justice and community life, and wherever they exist—we are changing both the written and unwritten rules of society. <https://www.colorofchange.org/about/>

EarthConnection

EarthConnection, a ministry of the Sisters of Charity of Cincinnati, is a center for learning and reflection about living lightly on Earth. <http://www.scearthconnection.org/>

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Organizations

Dayton International Peace Museum

The Dayton International Peace Museum is a nonprofit, primarily volunteer-run organization and the only brick and mortar peace museum in the United States. Our educational programs and exhibits are non-partisan and feature themes of nonviolent conflict resolution, social justice issues, improving relations and tolerance among diverse populations, and recognizing the value in protecting our natural world and the sentient creatures with which we share our planet. Raises awareness of nonviolent strategies for achieving peace now and in the future. <https://www.daytonpeacemuseum.org>

Eastern Mennonite University Center for Justice and Peacebuilding

The Center for Justice & Peacebuilding educates a global community of peace builders through the integration of practice, theory, and research. Our combined vision is to prepare, transform, and sustain leaders to create a just and peaceful world. <https://emu.edu/cjp/>

Environmental Working Group

The Environmental Working Group's mission is to empower people to live healthier lives in a healthier environment. With breakthrough research and education, we drive consumer choice and civic action. We are a nonprofit, non-partisan organization dedicated to protecting human health and the environment. <https://www.ewg.org/>

End Slavery Now

Learn about slavery today, connect with an organization, and browse ways to get involved in the fight against human trafficking and modern-day slavery. <http://www.endslaverynow.org/>

The Forgiveness Project

The Forgiveness Project collects and shares stories from individuals and communities who have rebuilt their lives following hurt and trauma. We provide resources and experiences to help people examine and overcome their unresolved grievances. Restorative narratives have the power to transform lives; not only supporting people to move on from harm or trauma but also building a climate of tolerance, resilience, hope, and empathy. <https://www.theforgivenessproject.com/>

The Foundation for a Better Life

The values we live by are worth more when we pass them on. We choose values we hope most individuals would find encouraging and relevant. Then we provide an uplifting message based on each value in an effort to encourage people to bring out the best in themselves. As a non-partisan, non-sectarian organization, we carefully design our public service messages to have a general universal appeal. <https://www.passiton.com/who-we-are>

Organizations

Friendship Force

A nonprofit cultural organization focused on promoting understanding, cultural education, and citizen diplomacy through homestay Journeys and personal friendships. We are based in more than 60 countries and six continents, with 15,000 active members and over 300 journeys each year. Through these exciting personal encounters, strangers become friends – and we know that you can discover common ground by experiencing different views. <https://www.friendshipforce.org/>

GAPP: Greater Anderson Promotes Peace

GAPP affirms the dignity and value of all people. As a coalition of concerned citizens, we are committed to the ongoing work of peacebuilding as essential for community life. We believe it is critical not to react to acts of intolerance with silent disagreement but rather, to transform silence and lethargy into visible acceptance of others by actively confronting intolerance and replacing it with acts which promote peace. <http://www.gappeace.org/>

Generations for Peace

We empower youth to lead and cascade sustainable change in communities experiencing conflict through world-class, free education in conflict transformation and the use of sport, art, advocacy, dialogue, and empowerment for peacebuilding. <https://www.generationsforpeace.org/en/>

Global Art Project for Peace

The mission of the Global Art Project is to joyously create a culture of peace through art. The Project celebrates diversity and multi-culturalism while expressing the idea: *We Are All One*. <http://www.globalartproject.org/>

Global Fund for Women

We support the tireless and courageous efforts of women's groups who work every day to win rights for women and girls. These groups are working to ensure women can own property, vote, run for office, get paid fair wages, and live free from violence - including domestic violence, sexual assault, and harmful practices such as female genital mutilation. <https://www.globalfundforwomen.org/>

Global Peace Film Festival

We use the power of the moving image to further the cause of peace on earth. From the outset, the GPFF envisioned "peace" not as the absence of conflict but as a framework for channeling, processing, and resolving conflict through respectful and non-violent means. The festival program creates a place for open dialogue, using the films as catalysts for change. <https://peacefilmfest.org/>

Organizations

A Network for Grateful Living

We hold grateful living as an engaged mindfulness practice, grounded in both wisdom and science, which supports our ability to see the wonder and opportunity in every moment, and motivates us to act boldly with love, generosity, and respect towards one another, ourselves, and the Earth.

<https://gratefulness.org>

Greater Cincinnati Homeless Coalition

The Greater Cincinnati Coalition for the Homeless is a unified social action agency, fully committed to its ultimate goal: the eradication of homelessness with respect for the dignity and diversity of its membership, the homeless, and the community. The Coalition works towards this goal by coordinating services, educating the public, and engaging in grassroots organizing and advocacy.

<https://cincihomeless.org/>

Green America

Harness economic power—the strength of consumers, investors, businesses, and the marketplace—to create a socially just and environmentally sustainable society. <https://www.greenamerica.org/>

Harriet Beecher Stowe House

The Harriet Beecher Stowe House celebrates the life, family, and legacy of author and activist Harriet Beecher Stowe. Harriet is primarily known for her book, Uncle Tom's Cabin, and its contributions to the Civil War. Located in the historic neighborhood of Walnut Hills in Cincinnati, OH, the Harriet Beecher Stowe House hosts educational tours, lectures, and readings. <http://stowehousecincy.org/index.html>

HasNa

HasNa works at the grassroots level to create communication and collaboration among ethnically divided peoples, providing the tools and ongoing assistance to support small-scale, sustainable efforts aimed at economic and social development. HasNa works primarily in Turkey and Cyprus.

<http://www.hasna.org>

Honor the Earth

Honor The Earth is a nonprofit organization founded to raise awareness and financial support for Indigenous environmental justice. <http://www.honorearth.org/>

Organizations

Human Rights Watch

We give voice to the oppressed and hold oppressors accountable for their crimes. Our rigorous, objective investigations and strategic, targeted advocacy build intense pressure for action and raise the cost of human rights abuse. For 30 years, Human Rights Watch has worked tenaciously to lay the legal and moral groundwork for deep-rooted change and has fought to bring greater justice and security to people around the world. <https://www.hrw.org/>

ICAN International: International Campaign to Abolish Nuclear Weapons

ICAN is a coalition of non-governmental organizations in one hundred countries promoting adherence to and implementation of the United Nations nuclear weapon ban treaty. This landmark global agreement was adopted in New York on July 7, 2017. <http://www.icanw.org/>

IFOR International Fellowship of Reconciliation

Founded in response to the horrors of war in Europe, the IFOR has taken a consistent stance against war and its preparation throughout its history. Perceiving the need for healing and reconciliation in the world, the founders of IFOR formulated a vision of the human community based upon the belief that love in action has the power to transform unjust political, social, and economic structures.

www.ifor.org

International Association for Human Values

We foster the daily practice of human values - a sense of connectedness and respect for all people and the natural environment, an attitude of nonviolence, and an ethic of social service. Our programs enhance clarity of mind, shift attitudes and behaviors, and develop leaders and communities that are resilient, responsible, and inspired. <http://us.iahv.org/>

Intercommunity Justice and Peace Center

Intercommunity Justice and Peace Center (IJPC) educates and advocates for peace, challenges unjust local, national, and global systems, and promotes the creation of a non-violent society.

<http://ijpccincinnati.org/>

International Cities of Peace

International Cities of Peace™ is a nonprofit, tax-exempt association dedicated to connecting, promoting, and encouraging the global cities of peace movement. An Advisory Council of leaders from global Cities of Peace organizations is working to create an all-inclusive, non-polarizing network of world citizens working on the ground to bring peace to their communities.

<http://www.internationalcitiesofpeace.org/>

Organizations

International Day of Peace September 21, 2021

The International Day of Peace ("Peace Day") is observed around the world each year on September 21. Established in 1981 by unanimous United Nations resolution, Peace Day provides a globally shared date for all humanity to commit to Peace above all differences and contribute to building a Culture of Peace. <http://internationaldayofpeace.org/>

JUST Listening

JUST Listening fosters personal, organizational, and social change and transformation through the practice of conscious, intentional, compassionate, non-egoic, and non-judgmental communication skills. Income generated is used to fund several volunteer programs providing Listening services to poor and marginalized people. <https://justlistening.net/>

KarmaTube

KarmaTube is dedicated to bringing inspirational stories to light, using the power of video and the Internet to multiply acts of kindness, beauty, and generosity. <http://www.karmatube.org/>

Kids For Peace

We empower youth to create peace through hands-on service, global friendships, and thoughtful acts of kindness. <https://kidsforpeaceglobal.org/>

KindSpring

KindSpring is a place to practice small acts of kindness. For over a decade, the KindSpring user community has focused on inner transformation while collectively changing the world with generosity, gratitude, and trust. The site is 100% volunteer-run and non-commercial. It is a shared labor of love. <https://www.kindspring.org/>

The King Center

The King Library and Archives in Atlanta is the largest repository of primary source materials on Dr. Martin Luther King, Jr. and the American Civil Rights Movement in the world. The collection consists of the papers of Dr. King and those of the organization he co-founded, the Southern Christian Leadership Conference, as well as the records of 8 major civil rights organizations and several individuals active in the Movement. The archives also include more than 200 oral history interviews with Dr. King's teachers, friends, family, and civil rights associates. <http://thekingcenter.org/>

Organizations

Life After Hate

Inspiring individuals to a place of compassion and forgiveness, for themselves and for all people, these principles guided us away from lives of hate and drive us to help individuals exit hate groups today and support those who have already left. Our primary goal is to interrupt violence committed in the name of ideological or religious beliefs. We do this through education, interventions, academic research, and outreach. <https://www.lifeafterhate.org/>

Lydia's House

The mission of Lydia's House is to provide safe, stable, and supportive housing for women and children in crisis. Our vision is to be a demonstration plot of God's beloved community, a home where people from all walks of life can help one another grow toward wholeness. We are a Catholic Worker house of hospitality. <http://stlydiashouse.org/>

MARCC

A coalition of judicatories, the local, decision-making bodies of national denominations. Each of these judicatories is a valid, autonomous body. MARCC is a coalition, a way of enabling these 15 Jewish, Roman Catholic, Muslim, Protestant, and Unitarian-Universalist judicatories to work together on a few agreed-upon, local social concerns to make life better for people in metropolitan Cincinnati. <http://www.marcconline.com/>

Mahatma Gandhi Canadian Foundation for World Peace

We promote peace and encourage nonviolent action based on Gandhian principles through education, public awareness, collaboration, and building intercultural understanding. <http://www.gandhifoundation.ca/>

Mediation Skills Training Institute

The *Mediation Skills Training Institute* equips people for working in various conflicted situations, including church disputes. <https://www.Impeacecenter.org/events/msti/>

MomsRising

We take on the most critical issues facing women, mothers, and families. Accelerate grassroots impact on Capitol Hill and at state capitols across the country; hold corporations accountable for the fair treatment of women and mothers & for ensuring the safety of their products. <https://www.momsrising.org/>

Organizations

Moms Demand Action for Gun Sense in America

Much like Mothers Against Drunk Driving was created to reduce drunk driving, Moms Demand Action for Gun Sense in America was created to demand action from legislators, state and federal companies, and educational institutions to establish common-sense gun reforms. <https://momsdemandaction.org/>

Morningside Center

Morningside Center works hand in hand with educators to build students' social and emotional skills, strengthen the classroom and school community, and make our schools more caring and equitable through restorative practices and brave conversations on race. <https://www.morningsidecenter.org>

The Mourning of the Creation of Racial Categories MCRC

The MCRC Project is dedicated to using the arts' transformative powers to tell the stories of how people in the United States were divided into racial categories. It makes the case that the methods by which people were divided and the ways in which the categories were filled with peoples are things to be mourned. <https://www.mourningthecreationofracialcategoriesproject.org/>

NAACP

The mission of the National Association for the Advancement of Colored People (NAACP) is to ensure the political, educational, social, and economic equality of rights of all persons and to eliminate race-based discrimination. <http://www.naacp.org/>; <https://www.cincinnati.naacp.com/>

National Peace Academy

A principle-based learning institution that strives to embody and reflect the principles and processes of peace as it supports, advances, and nurtures cultures of peace through peace education, peace research, peace practice, and peace policy. <https://www.nationalpeaceacademy.us>

National Underground Railroad Freedom Center

Revealing the historic stories of the Underground Railroad to the present-day era, the Center strives to shed light on the history of slavery in the United States and how it relates to contemporary times. Permanent and traveling exhibits challenge and inspire visitors. <http://www.freedomcenter.org>

The Nelson Mandela Foundation

Promotes dialogue as a vital instrument for addressing critical social issues. Our vision is to contribute to the making of a just society that remembers its past, listens to all voices, and pursues social justice for all. <https://www.nelsonmandela.org/>

Organizations

Nobel Women's Initiative

The Nobel Women's Initiative uses the prestige of the Nobel Peace Prize and six courageous women peace laureates to magnify the power and visibility of women working in countries around the world for peace, justice, and equality. <https://nobelwomensinitiative.org/>

Nonviolent Peace Force

A global nonprofit organization. We protect civilians in violent conflicts through unarmed strategies. We build peace side by side with local communities. We advocate for the wider adoption of these approaches to safeguard human lives and dignity. <http://www.nonviolentpeaceforce.org/>

Nuclear Age Peace Foundation

Educate and advocate for peace and a world free of nuclear weapons, and to empower peace leaders. <https://www.wagingpeace.org/>

Ohio Coalition Against Gun Violence

The Ohio Coalition Against Gun Violence (OCAGV) is the state's recognized resource on current information regarding gun violence and gun-related legislation. It monitors current developments at the national and state levels; provides statewide education on nonviolence and safety for children and families; works with other organizations and individuals to facilitate data collection and community solutions, and to support public health recognition of the gun violence problem. <https://ohioceasefire.org/>

The On Being Project

An independent nonprofit public life and media initiative, we pursue deep thinking and social courage, moral imagination, and joy to renew inner life, outer life, and life together. <https://onbeing.org/>

On Earth Peace

On Earth Peace members work together to help build a world of "Beloved Community" where violence, oppression, and war are overcome through the liberating power of radical love. We work through mutual training and accompaniment in the spiritual and practical disciplines of active nonviolence, community building, and conflict transformation. <http://www.onearthpeace.org/>

One World Center

Inspire and empower ordinary people to take action against worldwide poverty and climate change. With unique teaching and learning environments that cultivate social change and support our global vision: a sustainable future. <https://oneworldcenter.org/>

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Organizations

Pace e Bene

Together we work with individuals, organizations, and movements to strengthen their efforts to abolish war, protect human rights, end poverty, challenge injustice, heal the planet, and meet today's profound spiritual task: to build a more just, peaceful, and nonviolent world.

<http://www.paceebene.org/>

Peace Education Foundation

Educating children and adults in the dynamics of conflict and promoting peacemaking skills in our homes, schools, community, the nation, and the world. <http://www.peace-ed.org/>

Peace Corps

To promote world peace and friendship by fulfilling three goals: To help the people of interested countries in meeting their need for trained men and women. To help promote a better understanding of Americans on the part of the peoples served. To help promote a better understanding of other peoples on the part of Americans. <https://www.peacecorps.gov/>

Peace Crane Project

We invite school and community groups, individuals and families, all around the world to fold a peace crane, fill its wings with words and pictures of peace, then, through us, trade it with another child somewhere in the world. Participants are also encouraged to go beyond the cranes to exchange penpal letters, videos, and postcards, creating a deeper and more meaningful experience and connection.

<https://www.peacecraneproject.org/>

Peace Pals International

Designed to encourage youth, ages 5-16, to become peacemakers dedicated to living in the spirit of the words "May Peace Prevail On Earth." We foster understanding and respect for the diversity and oneness of the human family and the natural world through our various and creative activities. We nurture inner peace and global awareness in tomorrow's leaders to help create a future in which peace and harmony become a way of life. <http://wppspeacepals.org/>

Peace Jam

Nobel Peace Prize winners mentoring youth to change the world. Celebrating over 22 years of creating young leaders committed to positive change in themselves, their communities, and the world

<http://www.peacejam.org/>

Organizations

Peace Literacy Foundation

We provide tools for community peacebuilding initiatives. Our people-focused strategy develops and delivers people-oriented programs to people with shared values and desired outcomes.

<http://www.21cplf.org/>

Peacebuilding and the Arts

We focus on the distinctive contributions of culture and the arts to the transformation of conflict; collaborate with several departments and programs at Brandeis University, including MusicUnites US, PAX (Peace, Conflict and Coexistence Studies), the School of Creative Arts, and the Office of the Arts.

<http://www.brandeis.edu/ethics/peacebuildingarts/index.html>

The Peace Village

The Peace Village uses a healing process that uses art, discussion, and creative projects to promote the repair of conflicts caused by the absence of peace. Through a wide variety of activities, local, regional, national, and international, we promote a greater consciousness about the ways in which peace, justice, and caring can come together. http://homepages.uc.edu/%7Esundersc/pv_main.htm

ProKids

We mobilize our community to break the vicious cycle of child abuse and neglect. We recruit, train, and support community volunteers to speak up for children who have been abused and neglected and help guide them into safe environments where they can thrive. We maximize outcomes for our children to create a new cycle of growing up safe and secure, changing the future for our children and our entire community. <http://www.prokids.org>

Ploughshares Fund

For over 36 years, Ploughshares Fund has supported the most effective people and organizations worldwide to reduce and eventually eliminate the dangers posed by nuclear weapons.

<https://www.ploughshares.org> Weekly Podcast: <https://www.ploughshares.org/pressthebutton>

Poor People's Campaign

A national call for moral revival is uniting tens of thousands of people across the country to challenge the evils of systemic racism, poverty, the war economy, ecological devastation, and the nation's distorted morality. <https://www.poorpeoplescampaign.org>

Organizations

Project Implicit

Project Implicit is a nonprofit organization and international collaboration between researchers interested in implicit social cognition - thoughts, and feelings outside of conscious awareness and control. The goal of the organization is to educate the public about hidden biases and to provide a "virtual laboratory" for collecting data on the Internet. <https://implicit.harvard.edu/implicit/>

Radical Monarchs

The Radical Monarchs create opportunities for young girls of color to form fierce sisterhood, celebrate their identities, and contribute radically to their communities. The Radical Monarchs empower young girls of color to stay rooted in their collective power, brilliance, and leadership to make the world a more radical place. <http://radicalmonarchs.org/>

Sathya Sai International Organization - USA

A free, non-denominational voluntary organization based in 126 countries. The goal of participation is ultimately the transformation of self and society into a place of selfless love, a place where the recognition of the divinity innate in humanity becomes possible. The living ideal of the SSIO is the cultivation of oneness with others, family, community, nation, and world. <https://sathyasai.us/>

Search for Common Ground

We partner with people around the world to ignite shared solutions to destructive conflicts. We work at all levels of society to build sustainable peace through three main avenues: dialogue, media, community. <https://www.sfcg.org/>

Shalem

Shalem Institute for Spiritual Formation is grounded in Christian contemplative spirituality yet draws on the wisdom of many religious traditions. We provide opportunities for spiritual exploration individually and within a community of seekers. We provide resources for contemplative living, prayerful reading, invitations to silence, retreat weekends, online courses, speakers and events, and long-term programs for clergy seeking to go deeper, aspiring spiritual directors, contemplative retreat and prayer group leaders, and executives seeking to lead from the heart. <https://shalem.org/>

Sixdegrees.org

We believe our shared compassion has the power to unite, motivate, and bring about positive change. Through our dedication to igniting a universal connection and our passion for making a tangible impact on people's lives, we remain committed to achieving our vision of harnessing the kindness that connects us to make the greatest positive impact.

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Organizations

Seeds of Peace

We equip exceptional youth and educators with the skills and relationships they need to accelerate social, economic, and political changes essential for peace. <https://www.seedsofpeace.org/>

Sierra Club

The Sierra Club is the most enduring and influential grassroots environmental organization in the United States. We amplify the power of our 3.8 million members and supporters to defend everyone's right to a healthy world. <https://www.sierraclub.org/>

Sojourners

We seek to inspire hope and build a movement to transform individuals, communities, the church, and the world. A biblical call to justice has been our mission for nearly 50 years. As we approach our 50th anniversary, we're reimagining what that call looks like for us moving forward and will be working to better enable you to put your faith into action. SojoAction brings together all of the ways we are working to better equip, resource, and mobilize all our supporters to engage in transformational change. We invite you to join us as we continue to grow movements committed to advancing justice and peace. <https://sojo.net/>

Southern Poverty Law Center

The SPLC is dedicated to fighting hate and bigotry and seeking justice for our society's most vulnerable members. Using litigation, education, and other forms of advocacy, the SPLC works toward the day when the ideals of equal justice and equal opportunity will be a reality. <https://www.splcenter.org/>

Teaching Tolerance

Reduce prejudice, improve intergroup relations, and support equitable school experiences for our nation's children. We believe that schools must educate all students for full participation in a diverse democracy. <http://www.tolerance.org/>

Ten Thousand Villages

We create opportunities for artisans in developing countries to earn income by bringing their products and stories to our markets through long-term, fair trading relationships. <https://www.tenthousandvillages.com/>

Organizations

Theodore M. Berry International Friendship Park

This display of sculpture and flora represents five continents, featuring a riverside bike trail and walking paths. Named for Cincinnati's first African-American mayor, it is a lasting tribute to world unity, global understanding, international peace, and friendship. <https://www.cincinnatiiparks.com/river-parks/theodore-m-berry-international-friendship-park/>

United States Institute of Peace

USIP is America's non-partisan institute to promote national security and global stability by reducing violent conflicts abroad. Our staff guide peace talks and advise governments, train police and religious leaders, and support community groups opposing extremism—all to help troubled countries solve their conflicts peacefully. <https://www.usip.org/>

The University for Peace

The mission of the University for Peace is: "to provide humanity with an international institution of higher education for peace with the aim of promoting among all human beings the spirit of understanding, tolerance, and peaceful coexistence, to stimulate cooperation among peoples and to help lessen obstacles and threats to world peace and progress, in keeping with the noble aspirations proclaimed in the Charter of the United Nations." <https://www.upeace.org/>

Winona's Hemp Mill Project

Winona's Hemp and Heritage Farm will generate local wealth in our community by establishing a training institute for indigenous foods and hemp farming and working with our youth to create the next generation of Anishinaabe farmers. <https://www.winonashemp.com/>

Other Resources

Backs Against the Wall: The Howard Thurman Story

<https://www.pbs.org/video/backs-against-the-wall-the-howard-thurman-story-cgv9gi/>

Buy Slave Free

<http://www.endslaverynow.org/act/buy-slave-free>

Close the Book on Hate: 101 Ways to Combat Prejudice

<https://files.eric.ed.gov/fulltext/ED460176.pdf>

Convictions of the Heart

<https://www.youtube.com/watch?v=aGlh4G6xFGA>

Culture of Peace Weapon Free Zone Sign

<https://ohioceasefire.org/programs/cultureofpeace/>

Differences Matter Less Than All Our Similarities

<https://keener13.com/?p=3953>

Emotional Intelligence Activities for Teens

http://www.ong.ohio.gov/frg/FRGresources/emotional_intellegence_13-18.pdf

Episcopal News Service: Presiding Bishop issues video message on immigration: 'Who is my neighbor?'

<https://www.episcopalnewsservice.org/pressreleases/presiding-bishop-issues-video-message-on-immigration-who-is-my-neighbor/>

Gandhi: Seven Deadly Social Sins

<http://gandhi-manibhavan.org/main/q7.htm>

Group Singing

https://www.youtube.com/watch?v=JQhBUQRHX_E

Other Resources

Guide to Socially Responsible Investing

<https://www.investopedia.com/terms/e/environmental-social-and-governance-esg-criteria.asp>

His Day Is Done -- A Tribute Poem for Nelson Mandela

<https://www.nelsonmandela.org/news/entry/dr.-maya-angelou-his-day-is-done-a-tribute-poem-for-nelson-mandela>

How to Overcome Apathy and Find Your Power

https://www.ted.com/talks/dolores_huerta_how_to_overcome_apathy_and_find_your_power

Juneteenth

<http://juneteenth.com/>

I Am My Sister

https://www.youtube.com/watch?v=G4rgvfHD3Wc&feature=share&fbclid=IwAR1aVZRqFJQUVFGpXqkk76K59oBydGAiw3I_SNgzl60it0Quw2EHCn--5yo

I Gotta Try

<https://www.youtube.com/watch?v=qs9uyeTb4ow>

Let There Be Peace on Earth

<http://www.metrolyrics.com/let-there-be-peace-on-earth-lyrics-christmas-song.html>

Lift Every Voice and Sing

<https://www.poetryfoundation.org/poems/46549/lift-every-voice-and-sing>

<https://www.youtube.com/watch?v=MyS3HPIInHtl>

Letter from a Birmingham Jail

https://web.cn.edu/kwheeler/documents/Letter_Birmingham_Jail.pdf

Other Resources

Living Peace Mandala

<http://agnt.org/snv/livingpeace/wordsmandala.html>

Love in Action

<https://www.biblegateway.com/passage/?search=Romans+12%3A9-21&version=NIV>

Moms Demand Action for Gun Sense in America: Moms Dream Quilt

<http://www.mothersdreamquilt.org>

Nonviolent Protest and The Beloved Community

<https://www.morningsidecenter.org/teachable-moment/lessons/nonviolent-protest-and-beloved-community>

Peace in the Midst

<http://www.unity.org/publications/resource-materials/interfaith-prayers-peace>

Pledge of Nonviolence

<http://www.glennbeck.com/2011/01/17/pledge-of-nonviolence/>

The Quest for Peace: Eight Paths Survey

<http://thepeacecompany.com/peacelibrary/html/questforpeace.html>

The Season for Nonviolence: 64 Daily Practices That Make a Difference

<http://www.gandhifoundation.ca/about-the-season.html>

The Serenity Prayer

<http://www.sandersweb.net/ed/OriginalSerenityPrayer.html>

The State of Our Union Pledge

<https://action.momsrising.org/sign/state-of-our-union-pledge-2018/>

Other Resources

Ten Rules for Interfaith Dialogue

<http://www.sheppartoninterfaith.org.au/download/ten-rules-interfaith-dialogue.pdf>

Ten Things Everyone Should Know About Race

http://www.pbs.org/race/000_About/002_04-background-01-x.htm

Ten Ways to Love Your Enemy

<https://www.spiritualityandpractice.com/practices/features/view/28570/ten-ways-to-love-your-enemy>

Thirty More Ways to Say No to Hate: pages 26 & 27

<https://www.greenamerica.org/publications-flipbooks?page=1>

Time and Love

<http://www.songlyrics.com/laura-nyro/time-and-love-lyrics/>

25 Traits of The Beloved Community

<http://www.gcorr.org/25-traits-of-the-beloved-community/>

Turning of the World

<https://www.youtube.com/watch?v=ElzhfeTXXAU>

Watchers of the Sky

<http://watchersofthesky.com/about-the-film/>

World Humanitarian Day August 19

<https://nationaltoday.com/world-humanitarian-day/>

Peace Plan

1. What is your interest in peace: inner peace, relationships, work, community, other?
2. Why is this important to you?
3. When you think about peace, what comes to mind? How do you define peace?
4. What resource(s) did you choose today? How does that resource support or challenge your belief about and approach to peace?
5. What questions, insights, epiphanies, moments of truth surface?
6. What practice(s) will you engage in, habits will you cultivate for greater peace in your life, relationships, community, and the world?
7. When, when, where, how, and with whom?

Review and update this plan regularly to track your progress. What happened? What were your best experiences of peace? What do you hope will happen as you continue to be, live, and practice peace? What now? What next? Continue your current practice, add a new one, explore a different resource?